

Food Allergy Policy 2020



SAWASDEE

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Welcome to Thai Table

At Thai Table we take food allergies as well as Vegan and vegetarian requirements seriously. For any of these special requirements, we use separate wok, kitchen equipment and separate set of ingredients.

For example, for Vegan or vegetarian dishes, we substitute fish sauce and oyster sauce with soya sauce, mushroom extract sauce and other plant-based ingredients.

For Gluten-free dishes, we use gluten-free stir-fry sauce along with other non-gluten ingredients.

We've listed these dishes into dedicated Vegan and Gluten-free menus.

Lastly, our food allergy policy lists all allergenic ingredients according to Annex II of the EU Food Information for Consumers Regulation No.1169/2011 and Commission Delegated Regulation (EU) No. 78/2014 amending Annex II to Regulation (EU) No 1169/2011.

If you need any help or more information, please feel free to speak to any of our staff.

APPERTISER

1. Prawn Crackers

Contains: Shrimp

STARTERS

2. Chicken Satay

Contains: Soya Sauce (Soybean, Wheat), Oyster Sauce (Oyster, Wheat), Tumeric Powder (Mustard), Knorr (Soybean, E621, Wheat, Egg, Milk, Celery)

Sauce Contains: Red Curry Paste (Shrimp), Peanuts, Knorr (Soybean, E621, Wheat, Egg, Milk, Celery)

3. Crispy Thai Table Chicken Wings

Contains: Soya Sauce (Soybean, Wheat), Oyster Sauce (Oyster, Wheat), Knorr (Soybean, E621, Wheat, Egg, Milk, Celery)

4. Petpet Chicken Wings

Contains: Soya Sauce (Soybean, Wheat), Oyster Sauce (Oyster, Wheat), Knorr (Soybean, E621, Wheat, Egg, Milk, Celery)

5. Petpet Squid

Contains: Squid, Self-Raising (Wheat, Gluten), Knorr (Soybean, E621, Wheat, Egg, Milk, Celery)

6. Roasted Pork Ribs

Contains: Soya Sauce (Soybean, Wheat), Oyster Sauce (Oyster, Wheat), Chilli in Oil (Soybean, Shrimp, Fish Sauce), Knorr (Soybean, E621, Wheat, Egg, Milk, Celery)

7. Duck Spring rolls

Contains: Spring Rolls Pastry (Wheat, Gluten), Celery, Knorr (Soybean, E621, Wheat, Egg, Milk, Celery), Soya Sauce (Soybean, Wheat), Oyster Sauce (Oyster, Wheat), Hoisin Sauce (Soybean, Celery, Sesame Oil, Wheat), Cashew Nuts

8. Thai Fish Cakes

Contains: Fish (Clown Featherback), Egg, Red Curry (Shrimp), Fish Sauce (Anchovy)

9. Prawn and Chicken on Toasts

Contains: Bread (Wheat, Gluten), Prawns, Egg, Soya Sauce (Soybean, Wheat), Sesame Oil, Sesame Seeds, Knorr (Soybean, E621, Wheat, Egg, Milk, Celery)

10. Thai Dumplings

Contains: Wonton (Egg, Wheat, Gluten), Prawns, Sesame Oil, Soya Sauce (Soybean, Wheat)

Sauce Contains: Dark Soy Sauce (Soybean, Wheat, Gluten)

11. King Prawns Tempura

Contains: Prawns, Self-Raising (Wheat, Gluten), Bread Crumbs (Wheat, Gluten)

13. Northern Thai Sausage

Contains: Red Curry (Shrimp), Soya Sauce (Soybean, Wheat)

15. Thai Table Platter

Chicken Satay

Contains: Soya Sauce (Soybean, Wheat), Oyster Sauce (Oyster, Wheat), Yellow Curry Powder (Mustard), Knorr (Soybean, E621, Wheat, Egg, Milk, Celery)

Sauce Contains: Red Curry (Shrimp), Peanuts, Knorr (Soybean, E621, Wheat, Egg, Milk, Celery)

Crispy Thai Table Chicken Wings

Contains: Soya Sauce (Soybean, Wheat), Oyster Sauce (Oyster, Wheat), Knorr (Soybean, E621, Wheat, Egg, Milk, Celery)

Vegetable Spring rolls

Contains: Spring Rolls Pastry (Wheat, Gluten), Mung Bean, Sesame Oil, Soya Sauce (Soybean, Wheat)

Prawn and Chicken on Toasts

Contains: Bread (Wheat, Gluten), Prawns, Egg, Soya Sauce (Soybean, Wheat), Sesame Oil, Sesame Seeds, Knorr (Soybean, E621, Wheat, Egg, Milk, Celery)

VEGETARIAN STARTERS

16. Vegetable Spring rolls

Contains: Spring Rolls Pastry (Wheat, Gluten), Sesame Oil, Soya Sauce (Soybean, Wheat)

17. Sweet Corn cakes

Contains: Self-Raising (Wheat, Gluten)

18. Crispy Tofu Satay (only suitable with Lacto-Ovo vegetarian)

Contains: Bean Curd, Tofu (Soybean, Sulphur Dioxide)

Sauce Contains: Peanuts, Knorr (Soybean, E621, Wheat, Egg, Milk, Celery)

SOUP

19. Hot and Sour Soup

Contains: Fish Sauce (Anchovy), Tom Yum Paste (Soybean, E621) Knorr (Soybean, E621, Wheat, Egg, Milk, Celery)

Lacto-ovo Vegetarian Option: Soya Sauce (Soybean), Tom Yum Paste (Soybean, E621) Knorr (Soybean, E621, Wheat, Egg, Milk, Celery)

20. Coconut Soup

Contains: Fish Sauce (Anchovy), Knorr (Soybean, E621, Wheat, Egg, Milk, Celery)

Lacto-ovo Vegetarian Option: Soya Sauce (Soybean), Tom Yum Paste (Soybean, E621) Knorr (Soybean, E621, Wheat, Egg, Milk, Celery)

SALAD

21. Beef Summer Salad

Contains: Fish Sauce (Anchovy), Celery

22. Prawn Salad

Contains: Prawns, Chilli in Oil (Soybean, Shrimp, Fish Sauce), Fish Sauce (Anchovy)

23. Minced Chicken Salad

Contains: Fish Sauce (Anchovy), Knorr (Soybean, E621, Wheat, Egg, Milk, Celery)

24. Spicy Duck Salad

Contains: Fish Sauce (Anchovy), Knorr (Soybean, E621, Wheat, Egg, Milk, Celery), Roasted Duck (Soybean, Wheat, Gluten)

CURRY

Optional: Seafood (Prawns, Squid, Mussels, Salmon)

Optional: Duck (Soybean, Wheat, Gluten)

Optional: Bean Curd, Tofu (Soybean, Sulphur Dioxide)

26. Green Curry

Contains: Green Curry (Shrimp), Fish Sauce (Anchovy), Knorr (Soybean, E621, Wheat, Egg, Milk, Celery)

29. Red Curry

Contains: Red Curry (Shrimp), Fish Sauce (Anchovy), Knorr (Soybean, E621, Wheat, Egg, Milk, Celery)

30. Panang Curry

Contains: Panang Curry (Shrimp), Fish Sauce (Anchovy), Knorr (Soybean, E621, Wheat, Egg, Milk, Celery)

31. Jungle Curry

Contains: Jungle Curry (Shrimp), Fish Sauce (Anchovy), Knorr (Soybean, E621, Wheat, Egg, Milk, Celery)

32. Massaman Curry

Contains: Massaman Curry (Shrimp), Red Curry (Shrimp), Fish Sauce (Anchovy), Knorr (Soybean, E621, Wheat, Egg, Milk, Celery), Cashew Nuts

34. Chicken Yellow Curry

Contains: Yellow Curry (Mustard), Fish Sauce (Anchovy), Knorr (Soybean, E621, Wheat, Egg, Milk, Celery), Temuric Powder (Mustard)

GRILLED AND ROASTED

35. Weeping Tiger

Contains: Sirloin (Oyster Sauce, Soya Sauce)

Sauce Contains: Fish Sauce (Anchovy)

36. Thai Terriyaki

Contains: Teriyaki Sauce (Soybean, Wheat, Gluten, Celery)

37. Duck Tamarind

Contains: Roasted Duck (Soybean, Wheat, Gluten), Fish Sauce (Anchovy)

39. Honey Glazed Duck

Contains: Roasted Duck (Soybean, Wheat, Gluten), Soya Sauce (Soybean, Wheat)

STIR-FRY

(For Vegan or Vegetarian option, we use a separate homemade vegan sauce. This sauce is made from soya sauce and other plant-based sauces)

40. Stir-fry with Oyster sauce

Contains: Soya Sauce (Soybean, Wheat), Soybean Sauce (Soybean, Wheat), Oyster Sauce (Oyster, Wheat), Knorr (Soybean, E621, Wheat, Egg, Milk, Celery)

Vegetarian Option: Soya Sauce (Soybean), Soybean Sauce (Soybean, Wheat)

41. Stir-fry with fresh coriander and black pepper

Contains: Soya Sauce (Soybean, Wheat), Soybean Sauce (Soybean, Wheat), Oyster Sauce (Oyster, Wheat), Celery, Sesame Oil, Knorr (Soybean, E621, Wheat, Egg, Milk, Celery)

Vegetarian Option: Soya Sauce (Soybean), Soybean Sauce (Soybean, Wheat)

42. Stir-fry with fresh ginger

Contains: Soya Sauce (Soybean, Wheat), Soybean Sauce (Soybean, Wheat), Oyster Sauce (Oyster, Wheat), Knorr (Soybean, E621, Wheat, Egg, Milk, Celery), Sesame Oil

Vegetarian Option: Soya Sauce (Soybean), Soybean Sauce (Soybean, Wheat)

44. Stir-fry with black bean sauce

Contains: Soya Sauce (Soybean, Wheat), Soybean Sauce (Soybean, Wheat), Oyster Sauce (Oyster, Wheat), Blackbean Salt Ginger (Soybean), Knorr (Soybean, E621, Wheat, Egg, Milk, Celery), Sesame Oil

Vegetarian Option: Soya Sauce (Soybean), Soybean Sauce (Soybean, Wheat)

45. Stir-fry with mixed Thai herbs

Contains: Soya Sauce (Soybean, Wheat), Soybean Sauce (Soybean, Wheat), Oyster Sauce (Oyster, Wheat), Fish Sauce (Anchovy), Knorr (Soybean, E621, Wheat, Egg, Milk, Celery)

Vegetarian Option: Soya Sauce (Soybean), Soybean Sauce (Soybean, Wheat)

48. Stir-fry with Thai basil

Contains: Soya Sauce (Soybean, Wheat), Soybean Sauce (Soybean, Wheat), Oyster Sauce (Oyster, Wheat), Fish Sauce (Anchovy), Knorr (Soybean, E621, Wheat, Egg, Milk, Celery)

49. Stir-fry with cashew nuts

Contains: Chilli in Oil (Soybean, Shrimp, Fish Sauce), Sesame Oil, Soya Sauce (Soybean, Wheat), Oyster Sauce (Oyster, Wheat), Soybean Sauce (Soybean, Wheat), Knorr (Soybean, E621, Wheat, Egg, Milk, Celery), Cashew Nuts

50. Stir-fry with sweet and sour sauce

Contains: Tomato Ketchup (Celery), Fish Sauce (Anchovy)

51. Stir-fry with curry sauce

Contains: Yellow Powder (Mustard), Milk (Carnation), Soya Sauce (Soybean, Wheat), Soybean Sauce (Soybean, Wheat), Oyster Sauce (Oyster, Wheat), Knorr (Soybean, E621, Wheat, Egg, Milk, Celery)

SEAFOOD

52. King prawns in rich and thick red curry sauce

Contains: Prawns, Red Curry (Shrimp), Fish Sauce Anchovy), Knorr (Soybean, E621, Wheat, Egg, Milk, Celery)

53. Stir-fry King prawns with Sugar snap peas

Contains: Prawns, Soya Sauce (Soybean, Wheat), Soybean Sauce (Soybean, Wheat), Oyster Sauce (Oyster, Wheat), Knorr (Soybean, E621, Wheat, Egg, Milk, Celery), Sesame Oil

55. Stir-fry Seafood with curry sauce

Contains: Seafood (Salmon, Squid, Prawns, Mussels), Soya Sauce (Soybean, Wheat), Soybean Sauce (Soybean, Wheat), Oyster Sauce (Oyster, Wheat), Milk (Carnation), Knorr (Soybean, E621, Wheat, Egg, Milk, Celery), Turmeric powder (Mustard)

56. Stir-fry Seafood with mixed Thai herbs

Contains: Seafood (Prawns, Squid, Salmon, Mussels), Soya Sauce (Soybean, Wheat), Soybean Sauce (Soybean, Wheat), Oyster Sauce (Oyster, Wheat), Knorr (Soybean, E621, Wheat, Egg, Milk, Celery), Fish Sauce (Anchovy)

57. Steamed Seabass with lime and chilli sauce

Contains: Fish (Sea Bass), Fish Sauce (Anchovy), Knorr (Soybean, E621, Wheat, Egg, Milk, Celery)

58. Steamed Seabass with Soya sauce and ginger

Contains: Fish (Sea Bass), Celery, Sesame Oil, Soya Sauce (Soybean, Wheat), Soybean Sauce (Soybean, Wheat), Oyster Sauce (Oyster, Wheat), Knorr (Soybean, E621, Wheat, Egg, Milk, Celery)

59. Crispy Seabass with Sweet chilli sauce

Contains: Fish (Sea Bass), Self-Raising (Wheat, Gluten), Fish Sauce (Anchovy)

60. Crispy Seabass with rich and thick red curry sauce

Contains: Fish (Sea Bass), Self-Raising (Wheat, Gluten), Fish Sauce (Anchovy), Knorr (Soybean, E621, Wheat, Egg, Milk, Celery), Red Curry Paste (Shrimp)

VEGETABLE STIR-FRY

(For Vegan or Vegetarian option, we use a separate homemade vegan sauce. This sauce is made from soya sauce and other plant-based sauces)

61. Seasonal Vegetables with cashew nuts

Contains: Soya Sauce (Soybean, Wheat), Soybean Sauce (Soybean, Wheat),
Soybean Sauce (Soybean, Wheat), Sesame Oil, Cashew Nuts
Sesame Oil, Cashew Nuts

Vegetarian Option: Soya Sauce (Soybean), Soybean Sauce (Soybean, Wheat)

62. Seasonal Vegetables with Fresh Ginger

Contains: Soya Sauce (Soybean, Wheat), Soybean Sauce (Soybean, Wheat),
Soybean Sauce (Soybean, Wheat), Sesame Oil

Vegetarian Option: Soya Sauce (Soybean), Soybean Sauce (Soybean, Wheat)

64. Broccoli with Oyster sauce

Contains: Soya Sauce (Soybean, Wheat), Soybean Sauce (Soybean, Wheat),
Soybean Sauce (Soybean, Wheat), Sesame Oil

Vegetarian Option: Soya Sauce (Soybean), Soybean Sauce (Soybean, Wheat)

66. Tofu with Sweet and Sour Sauce

Contains: Bean Curd (Soybean, Sulphur Dioxide), Tomato Ketchup (Celery)

67. Tofu with Cashew nuts

Contains: Soya Sauce (Soybean, Wheat), Soybean Sauce (Soybean, Wheat),
Sesame Oil, Cashew Nuts

Vegetarian Option: Soya Sauce (Soybean), Soybean Sauce (Soybean, Wheat)

NOODLE

(For Vegan or Vegetarian option, we use a separate homemade vegan sauce. This sauce is made from soya sauce and other plant-based sauces)

70. Pad Thai Noodle

Contains: Egg, Fish Sauce (Anchovy), Soya Sauce (Soybean, Wheat), Peanuts

Vegetarian Option: Soya Sauce (Soybean)

71. Never Sober Noodle

Contains: Egg, Soya Sauce (Soybean, Wheat), Soybean Sauce (Soybean, Wheat),
Oyster Sauce (Oyster, Wheat)

Vegetarian Option: Soya Sauce (Soybean)

73. Plain Egg Noodle

Contains: Egg Noodle (Egg, Wheat, Gluten), Soya Sauce (Soybean, Wheat)

RICE

75. Jasmine Rice

Contains: -

76. Coconut Rice

Contains: -

77. Sticky Rice

Contains: -

78. Egg Fried Rice

Contains: Egg, Soya Sauce (Soybean, Wheat), Knorr (Soybean, E621, Wheat, Egg, Milk, Celery)

79. Thai Table's Fried Rice

Contains: Egg, Soya Sauce (Soybean, Wheat), Knorr (Soybean, E621, Wheat, Egg, Milk, Celery)

Vegetarian Option: Soya Sauce (Soybean)

GLUTEN FREE

GF80. Thai Fish Cakes

Contains: Fish (Clown Featherback), Egg, Red Curry (Shrimp), Fish Sauce (Anchovy)

GF81. Hot and Sour Clear Soup

Contains: Fish Sauce (Anchovy),

Lacto-ovo Vegetarian Option: Soya Sauce (Soybean)

GF84 Stir-fry with Oyster sauce

Contains: Soya Sauce (Soybean), Oyster Sauce (Oyster)

GF85 WITH FRESH CORIANDER AND BLACK PEPPER

Contains: Soya Sauce (Soybean), Oyster Sauce (Oyster)

GF86 WITH FRESH GINGER

Contains: Soya Sauce (Soybean), Oyster Sauce (Oyster)

GF87 WITH MIXED THAI HERBS

Contains: Soya Sauce (Soybean), Oyster Sauce (Oyster)

GF88 WITH CASHEW NUTS

Contains: Soya Sauce (Soybean), Oyster Sauce (Oyster), Cashew nuts

GF89 PAD THAI NOODLE

Contains: Tomato Ketchup (Celery), Fish Sauce (Anchovy), Eggs, Peanuts

VEGAN

V1 VEGETABLE SPRING ROLLS

Contains: Spring Rolls Pastry (Wheat, Gluten), Mung Bean, Sesame Oil, Soya Sauce (Soybean, Wheat)

V2 CORN CAKES

Contains: Self-Raising (Wheat, Gluten)

V4 JUNGLE CURRY

Contains: Jungle Curry (Shrimp), Fish Sauce (Anchovy)

V5 YELLOW CURRY

Contains: Yellow Curry (Mustard), Temuric Powder (Mustard)

V6 WITH SHIITAKE MUSHROOM SAUCE

Contains: Soya Sauce (Soybean), Soybean Sauce (Soybean, Wheat)

V7 WITH FRESH CORIANDER AND BLACK PEPPER

Contains: Soya Sauce (Soybean), Soybean Sauce (Soybean, Wheat)

V8 WITH FRESH GINGER

Contains: Soya Sauce (Soybean), Soybean Sauce (Soybean, Wheat)

V9 WITH MIXED THAI HERBS

Contains: Soya Sauce (Soybean), Soybean Sauce (Soybean, Wheat)

V10 WITH CASHEW NUTS

Contains: Soya Sauce (Soybean), Soybean Sauce (Soybean, Wheat), Cashew nuts

V11 PAD THAI NOODLE

Contains: Tomato Ketchup (Celery), Peanuts

FIZZIES

1. Prosecco Spumante Amori

Contains: Sulphites – 12.5%

2. Prosecco Fiorino

Contains: Sulphites – 12%

WHITE WINE

3. WIDE RIVER CHENIN BLANC

Contains: Sulphites – 12.5%

4. Amori Pinot Grigio

Contains: Sulphites – 13%

5. Monsoon Valley

Contains: Sulphites – 12%

7. Robert & Reeves Sauvignon Blanc

Contains: Sulphites – 13%

8. Moselland Riesling

Contains: Sulphites – 12%

9. Santa Digna Gewurztraminer

Contains: Sulphites – 13%

ROSÉ

12. Amori Pinot Grigio Rose **Contains: Sulphites – 12%**

RED WINE

13. Pato Torrente Merlot

Contains: Sulphites – 13%

14. Beyond the river Shiraz

Contains: Sulphites – 13%

15. Lautarul Pinot Noir

Contains: Sulphites – 13.5%

16. Bianni Tinto Rioja Tempranillo

Contains: Sulphites – 13%

17. Finca Vista Malbec

Contains: Sulphites – 14%

BEER

SINGHA

Contains: Malted Barley – Wheat – 5%

CHANGE

Contains: Malted Barley – Wheat – 5%

ASPELL CIDER

Contains: Sulphites – 6.8%

SOFTS

Still Water –

Sparkling Water –

Thai Green Soda –

Coke, Diet Coke, Lemonade, Ginger Ale –

Soda, Tonic Water, Slimline Tonic –

Orange Juice, Pineapple Juice –

J2O –

Thai Milk Tea – Milk

Fruit Punch Cocktail –

SPIRITS

Barcadi Rum –

Gordon Gin –

Smirnoff Vodka –

Jack Daniels Whisky –

Jameson Whisky –

Remy Martin Brandy –

Baileys, Tia Maria – Cream

Grand Marnier –

COCKTAILS

Bangkok Sunrise –

Malibu beach –

Phuket Monkey –

Sawasdee Drink –

TEA & COFFEE

Jasmine Tea, Green Tea and Peppermint Teas

Contains: –

English Breakfast Tea

Contains: Milk

Black Coffee

Contains: –

White Coffee

Contains: Milk

Espresso

Contains: –

Cappuccino / Late

Contains: Milk

Irish Coffee

Contains: Jamesons Whisky, Cream/Daily Cream

LIST OF INGREDIENTS WE USE

Self-Raising flour	Wheat, Gluten
Chilli in Oil (แม่พลอย)	Soybean, Shrimp, Fish Sauce
Chicken Powder	Soybean, E621, Wheat, Egg, Milk, Celery
Prawn Crackers	Shrimp
Wonton pastry	Egg, Wheat, Gluten
Egg Noodles	Egg, Wheat, Gluten
Spring Rolls pastry	Wheat, Gluten
Bean Curd, Tofu	Soybean, Sulphur Dioxide
Tom Yum Paste	Soybean, E621
Soya Sauce (เต็กสมนูรณ์)	Soybean, Wheat
Oyster Sauce (แพนด้า)	Oyster, Wheat
Tomato Ketchup	Celery
Black Bean Sauce	Soybean, Wheat
Dark Soy Sauce	Soybean, Wheat, Gluten
Fish Sauce	Anchovy
Roasted Duck	Dark Soy Sauce (Soybean, Wheat, Gluten)
Red Curry Paste (แม่พลอย)	Shrimp
Vegan Red Curry Paste (แม่พลอย)	-
Green Curry Paste (แม่พลอย)	Shrimp
Panang Curry Paste (แม่พลอย)	Shrimp
Massaman Curry Paste (แม่พลอย)	Shrimp
Yellow Curry Paste (แม่พลอย)	Shrimp
Jungle Curry Paste (แม่พลอย)	Shrimp
Turmeric Powder (ผงกระหรี่)	Mustard
Bread Crumbs	Wheat, Gluten
Baguette	Wheat, Gluten
Hoisin Sauce	Soybean, Celery, Sesame Oil, Wheat
Fish cakes	Clown Feather back
Teriyaki Sauce	Soybean, Wheat, Gluten, Celery
Soybean Sauce (แม็กกี้)	Soybean, Wheat
Black bean Salt ginger	Soybean
Satay Sauce	Red Curry (Shrimp), Peanut, Knorr (Soybean, E621, Wheat, Egg, Milk, Celery)